

5/6/22

Members and Friends of FIFPDSG,

The bad news: Due to Ken Lawson's recent bout of pancreatitis, Bonnie is not able to prepare a newsletter for May.

The good news: Ken is doing much better, as is their daughter Jolene who incredibly suffered the same illness just days after Ken.

And yet more good news: Instead of a newsletter, you're receiving (at no extra charge!) this brief "letter of news" from your Group's leader. He promises to be uncharacteristically brief!

Before proceeding, here's your joke of the month, with thanks to Judy and Leslie:

Did you hear about the man who fell into the upholstery machine? He's now fully recovered! :)

#### Review of Parkinson's Awareness Month April 2022 activities

- Maxwell's Burgers and Shakes - \$413.70 raised for PD awareness in Fred. Co. (and good times shared with an amazing specialty shake!)
- FNP "Prime Time" article and pix - with the possible exception of a guy dressed like a daffodil, we've received a lot of positive feedback
- FNP FULL-page ad - we noted a significant increase in inquiries, esp. through our website
- First United Bank & Trust's exterior message board on Rt. 26 and interior board at Rt. 85 location - a unique and visible way to promote our Group and increase PD awareness
- Homewood Health Fair - an updated tri-fold, various print materials, even brains and pens for giveaway--a fun event at a great venue!
- Comedy event at FCC - Metro DC/Baltimore stand-up comedian Sandy Bernstein, vertically-challenged but one-liner gifted, left us light-hearted and laughing

Our next group meeting: **Wed., 5/18/22, 1 PM** at the Ruritan Hall (8101 Crum Rd.)

**The meal:** Barbeque! Meat, buns, potato salad, and beverages provided. You are welcome, but by no means required, to bring a dish to share. Please call Cathy Kutz at (301)898-9182 to let her know what you're bringing or to ask for suggestions!

**The program:** A 2-for-1 special! Marriot's Ridge HS Senior **Michael Abadir** will present his research project, "A New Approach to an Age-Old Problem: Parkinson's." This will be followed by **Dr. Laura Brosbe**, Frederick County's only Movement-Disorder Specialist, who enjoys presenting via Q & A. Bring your PD-related questions, especially those that are more general in nature and less specific to your particular symptoms/diagnosis. Michael will also be available for questions about his 10-minute presentation. Sounds like a wonderful afternoon of food, focus, and fellowship! Circle **May 18** on your trusty calendar and come join us! (And while at your calendar, note **Wed., June 15** as our annual end-of-program-year picnic!)

Yours "until Parkinson's isn't," (mantra of the Michael J. Fox Foundation)

John C. Nicodemus  
Group Leader, FIFPDSG